

Clanton & Associates Project Team





Project Scope



Included in Scope:

- Examine Existing Lighting IDO Section
- Study City's Current Lighting Problems
- Implementation & Amortization for updated IDO
- Community Engagement & Feedback
 Excluded from Scope:
- Lighting in the Public Right of Way, or Street Lighting
- Master Planning
- Sign Ordinance Updates





The Visual Sequence





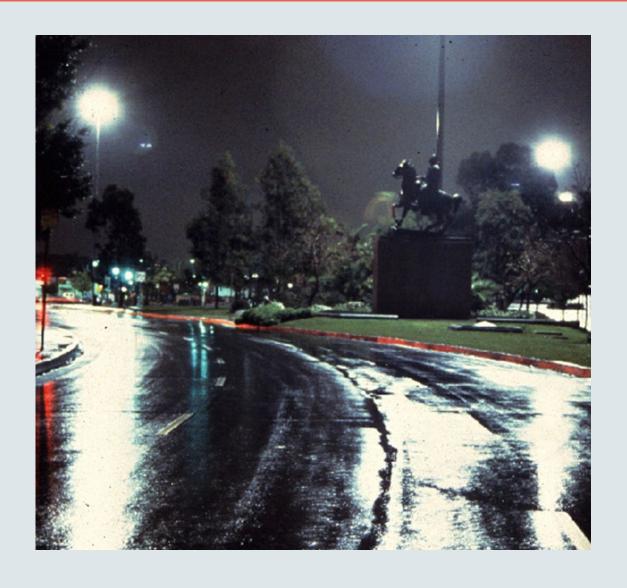




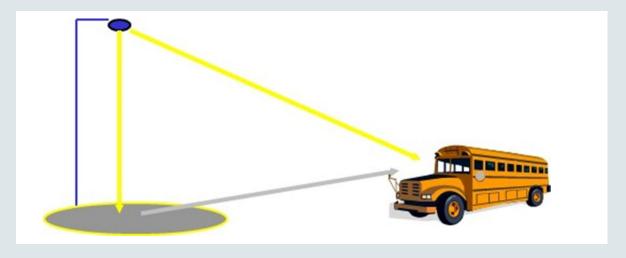
Illuminance vs Luminance



Veiling Luminance



- Brightness of the luminaire versus pavement
- Wet pavement can exacerbate issue
- Impacts visual adaptation level



Correlated Color Temperature (CCT)



These temperatures are measured in degrees Kelvin (K).

Correlated Color Temperature (CCT)









CCT = 2200K

CCT = 2700K

CCT = 3000K

CCT = 4000K

Color Rendering Index (CRI)

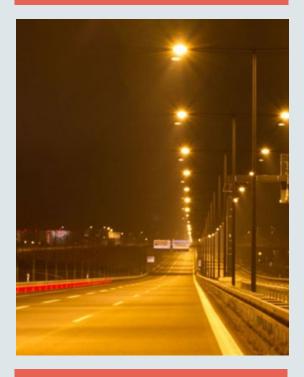
LED Lighting



Typical CRI: 70



HPS Lighting



Typical CRI: 35

Color Rendering Index (CRI)

- C.R.I. is how well an artificial light can reproduce colors for human vision
- Helps address that the same light temperatures can have significant differences in wavelength composition
- Higher C.R.I. improves visual contrast without increasing light temperature or lumens

CRI: 40



CRI: 60



CRI: 80



16th Street Mall – Denver, CO – 2016

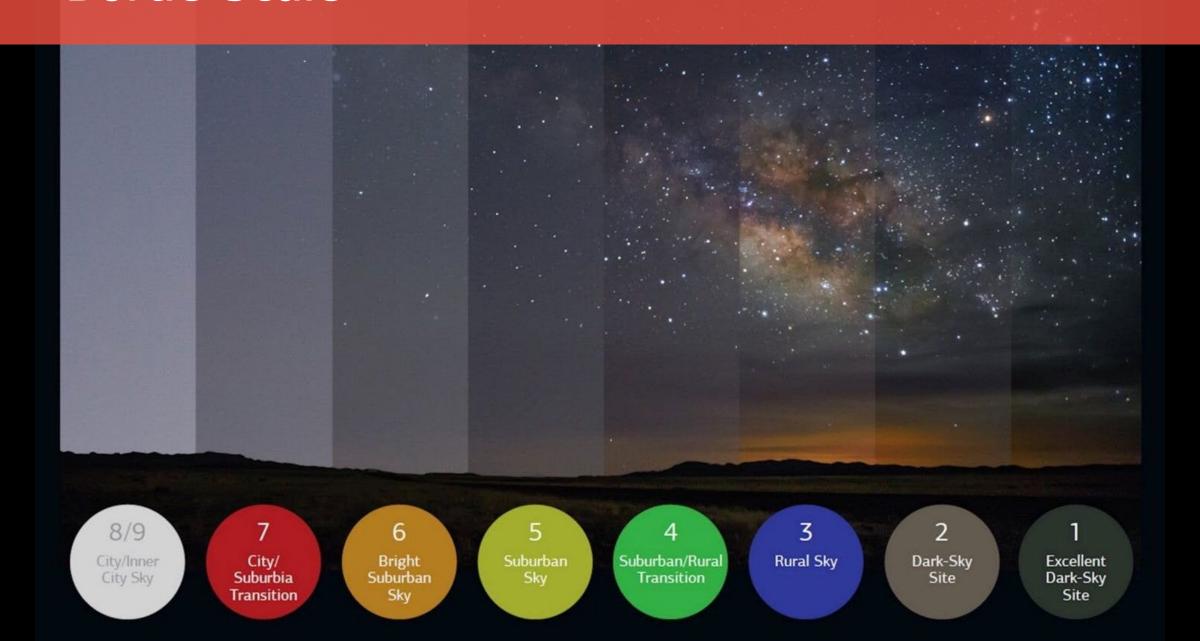


16th Street Mall – Denver, CO – 2017

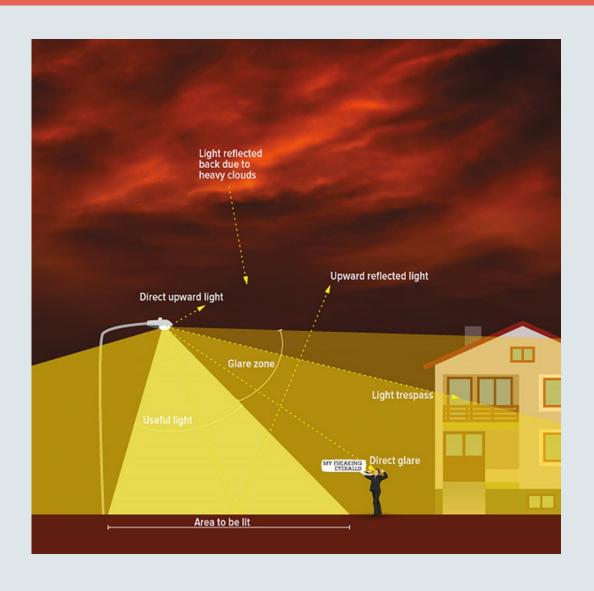




Bortle Scale



Types of Light Pollution



Types:

- Skyglow
- Light Trespass
- Glare
- Light Clutter

Can be minimized by:

- Directional lighting
- Full cut-off or shielded luminaires
- Warm CCT luminaires
- Curfews

Glare

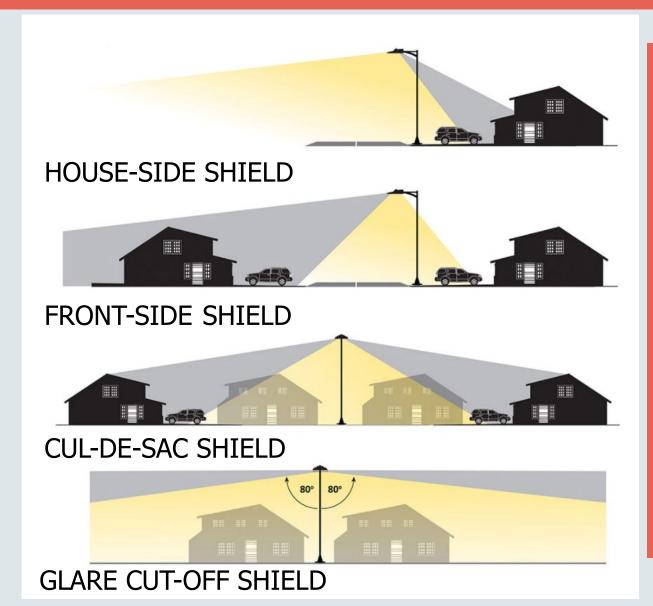
High glare reduces our ability to see and perceive contrast.

The absence of glare prevents unwanted adaptation and significantly improves the visual experience.





Light Trespass



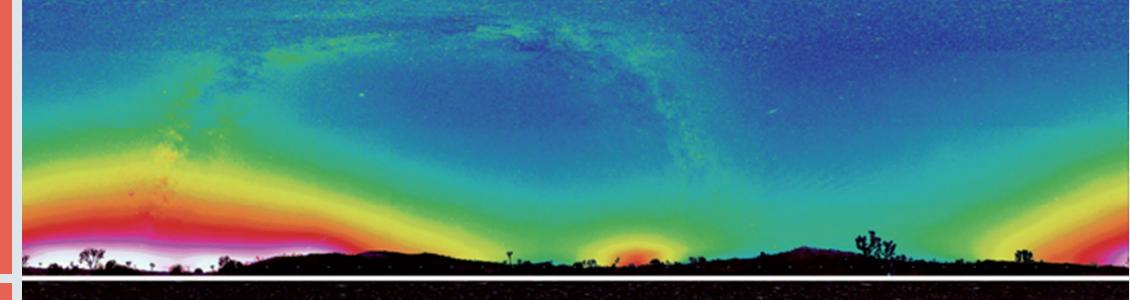
This is unwanted, "stray" light from nearby luminaires.

It's affected by:

- Light Distribution Selection
- Light Trespass Calculations
- Appropriate Light Level
- Shielding
- High-End Tuning
- Adaptive Dimming

Sky Glow

Light travelling 100+ away from urban area



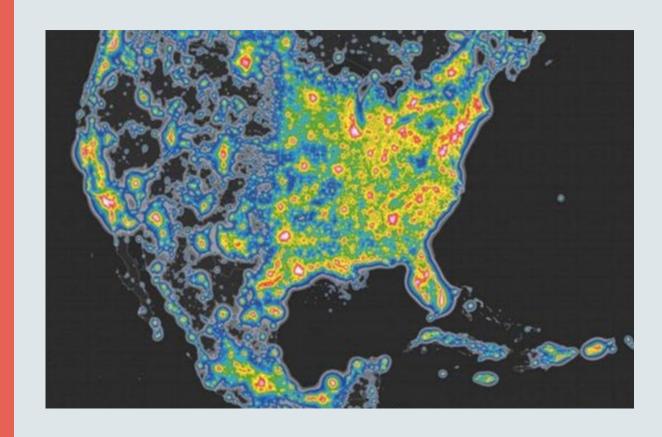
We can do so much better.





Light Pollution & Cities

- Providing lighting at night is a significant amount of municipal energy budgets
- Yet around 35% of that lighting is wasted
- Many municipalities are updating their lighting ordinances for LED luminaire conversions
- Light pollution is going up rapidly, not down
- Global light pollution has increased by at least 49% over the last 25 years



Lighting & Human Health

Impacts human behaviors both consciously & unconsciously

Physical Health

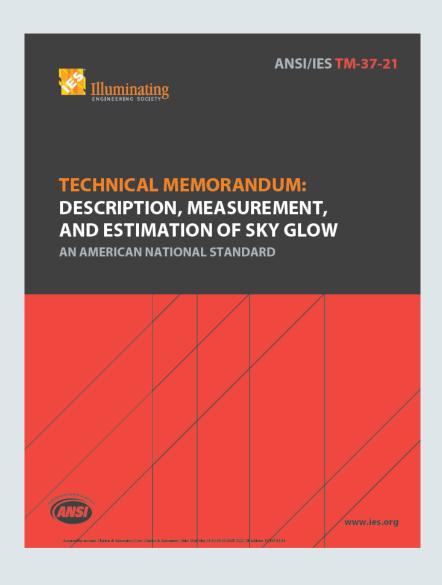
- Increases rates of some cancers
 - Breast Cancer
 - Prostate Cancer
- Physical Activity After Dark
 - Under & over-lighting can reduce outdoor activity
- Eyestrain

Mental Health

- Sleep Quality & Circadian Rhythm
 - Delayed melatonin production
 - Sensitivity Varies
 - Exacerbates any existing sleep disorders
 - Brighter areas & higher sleep aid use
 - Lower quality REM sleep
- SAD
- Stress
 - Another source of urban stress like noise pollution or overcrowding



CCT – Skyglow & Health Risk (TM-18)



- "Because blue light is more strongly scattered in the atmosphere, it is more likely to be eventually redirected back toward earth, creating the physical manifestation of sky glow. In addition, advances in biology are showing that many living organisms are sensitive to light at night, and particularly blue light.
- "Since the effects of optical radiation can be profound for human health and well-being, it is increasingly important for the lighting community to understand the direct <u>biological influences of</u> <u>light/dark cycles.</u>"
- "Exposure between 1 lux and 5 lux (0.1 fc and 0.5 fc) at the cornea of specific monochromatic wavelengths of <u>optical radiation</u> (460nm and 509 nm, respectively) could suppress melatonin in healthy humans."

Related:

- Flagstaff, AZ, the first IDA Community in 2001, uses 1800-2200K
- California Bill Proposal- State properties would use 2700K maximum and dim to 50% during curfew
- Maui, HI, Bill #21 (Passed Oct 2022) –Limits the amount of blue spectrum (400-500nm) to 2% and limits uplight to U0

Accessibility & Equity

Visual Ability

Harder on the visually impaired, such as anyone with astigmatism or cataracts

The Elderly

- Slower to adjust to changes in brightness
- More sensitive to blue light glare

Neurodivergent Groups

Often more sensitive to the stimulus

Neighborhood Equity

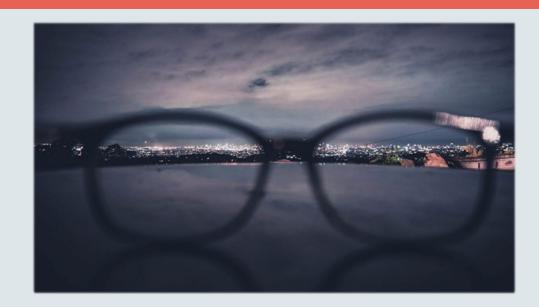
- Affluent neighborhoods often spend the least time with streetlights in disrepair and most time requesting additional lighting
- Struggling neighborhoods are often underlit due to historic disinvestment or harshly overlit, further stigmatizing the neighborhood

Public Health Equity

Poor sleep plays a major role in poor health outcomes

Equal Access

 Astrotourism is not an equitable replacement for local access to the night sky





Lighting & Wildlife

Impacts behavior of mammals, birds, insects, and zooplankton

- Migratory Disruption
 - Sea turtles, whales, birds, insects, and zooplankton are impacted
- Reproductive Decline
 - Impacts normal communication
 - Fireflies and amphibians are affected
- Premature Death
 - Disorientation
 - Bird Strikes



Lighting & Wildlife

Artificial night lighting and insects: Attraction of insects to streetlamps in a rural setting in Germany.

Source: *Ecological Consequences of Artificial Night Lighting*. Catherine Rich & Travis Longcore (eds). 2006. Island Press. Pages 281-304.

Gerhard Eisenbeis

Department of Biology, Institute of Zoology, Mainz University, Germany.

The Xerces Society for Invertebrate Conservation

Documentation of Insect Declines due to Light Pollution.

Eisenbeis noted the declines of insect catches from different decades as reported in three papers. This table helps to show the declines he saw across the decades:

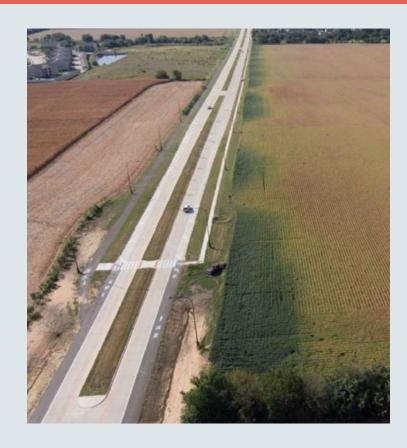
Authors	Year	Publishing Info.		Number of Traps	1		
Robinson & Robinson		1:3-20	over 50 thousand moths	1	the one night of August 20-21, 1949		
Worth & Miller	1979	J. of the Lepidopterists' Society 33:261-264	50 thousand moths	1	May 2nd to Sept 12, 1978		
Eisenbeis & Hassel	2000	Natur und Landschaft 75(4):145-156	6205 moths	19	May 29th to Sept. 29, 1997		



Lighting & Plant Life

- Photosynthesis Alteration
- Pollinator & Pollination Reduction
- Crop Yield Reduction

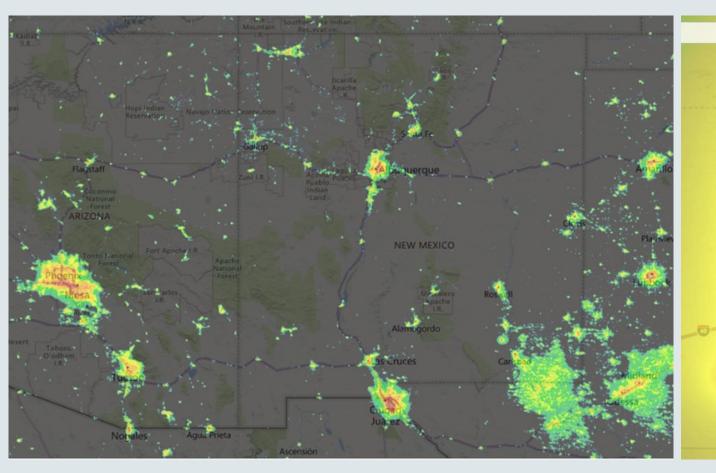
- PhotoperiodismPlants' health a
- Plants' health and lifespan is impacted
- Also impacts phytoplankton and algae bloom

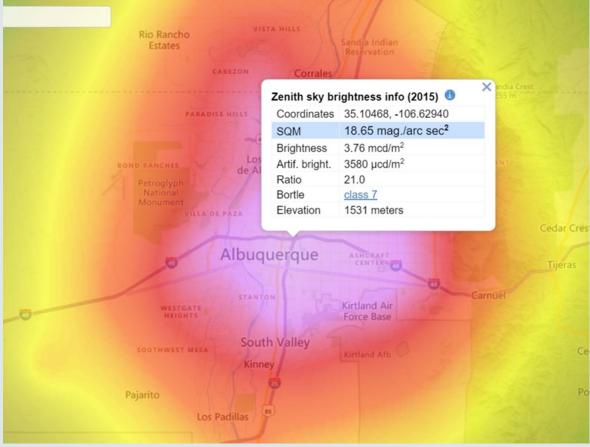






City of Albuquerque

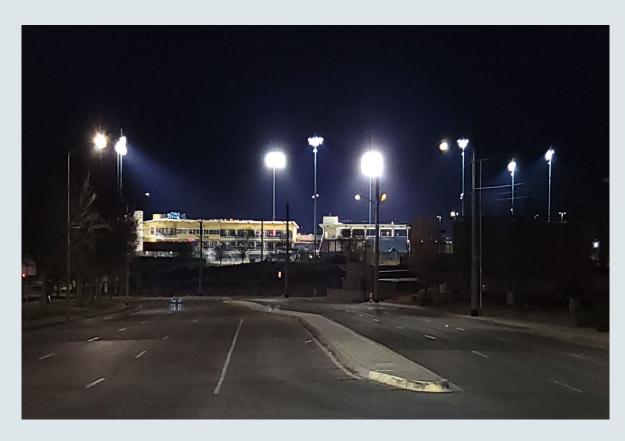




General Observations

Horizontal Light

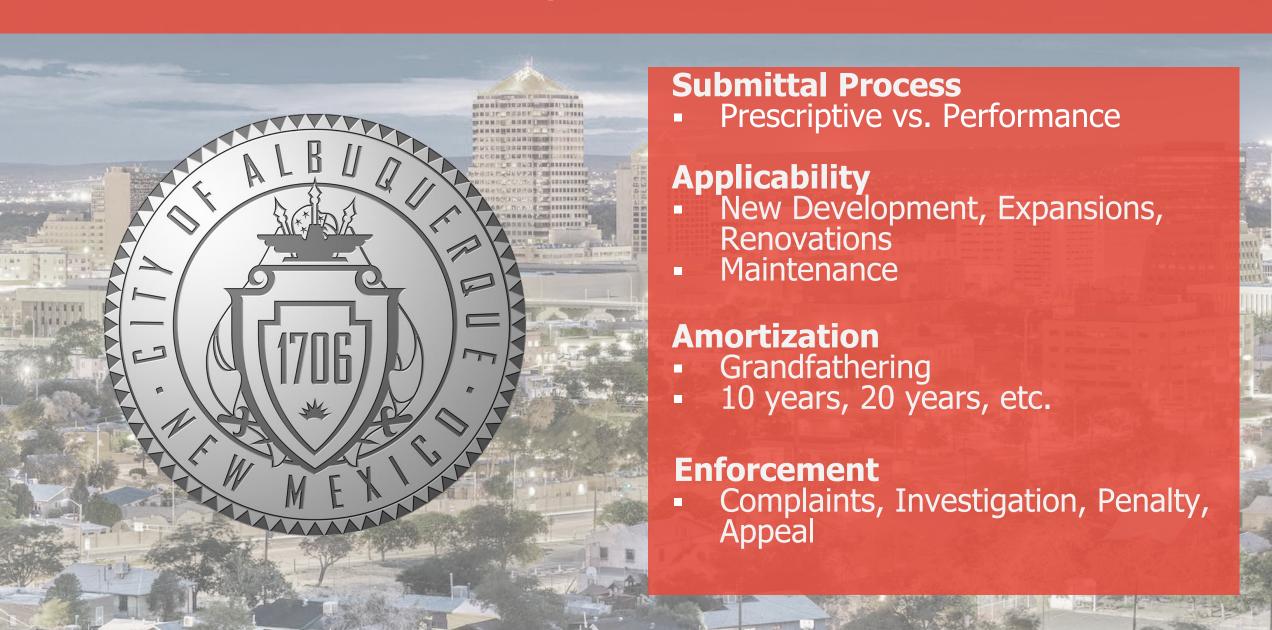
Skyglow







How Code Can Help



Guidance & Criteria

Illuminating Engineering Society (IES)

IES:

Governing body that guides lighting professionals The Lighting Handbook Recommended Practices.

IES RP-8-14:

Recommended Practices for Roadway Lighting Recommended criteria for roadways, sidewalks and crosswalks

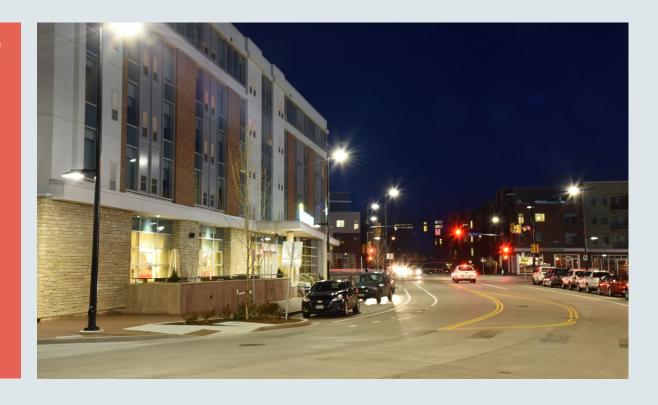
IES RP-43:

Outline for outdoor lighting. Criteria supports pedestrian engagement, safety, etc. without overlighting.



Model Lighting Ordinance (MLO)

- Guidelines to help communities create their outdoor lighting standards.
- Created jointly by the IES and the International Dark Sky Association (IDA)
- Utilizes lighting zones, B.U.G ratings, and light trespass limits to regulate quality lighting



ANSI/IES RP-43



ANSI/IES RP-43 Illuminance Recommendations:

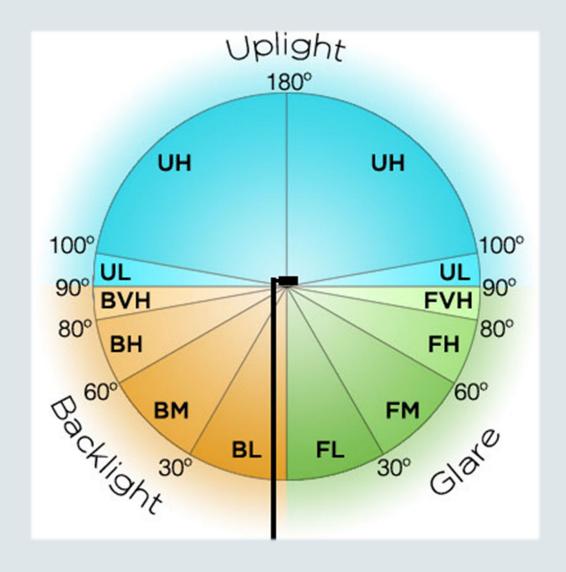
- Provides energy consumption standards
- Orientation / Wayfinding / Reassurance
- Terrain Safety
- Atmosphere / Enjoyment
- Curfew + Dimming
- Spectral Power Distribution (SPD)
 - Correlated Color Temperature (CCT)
 - Color Rendering Index (CRI)

ANSI/IES RP-43

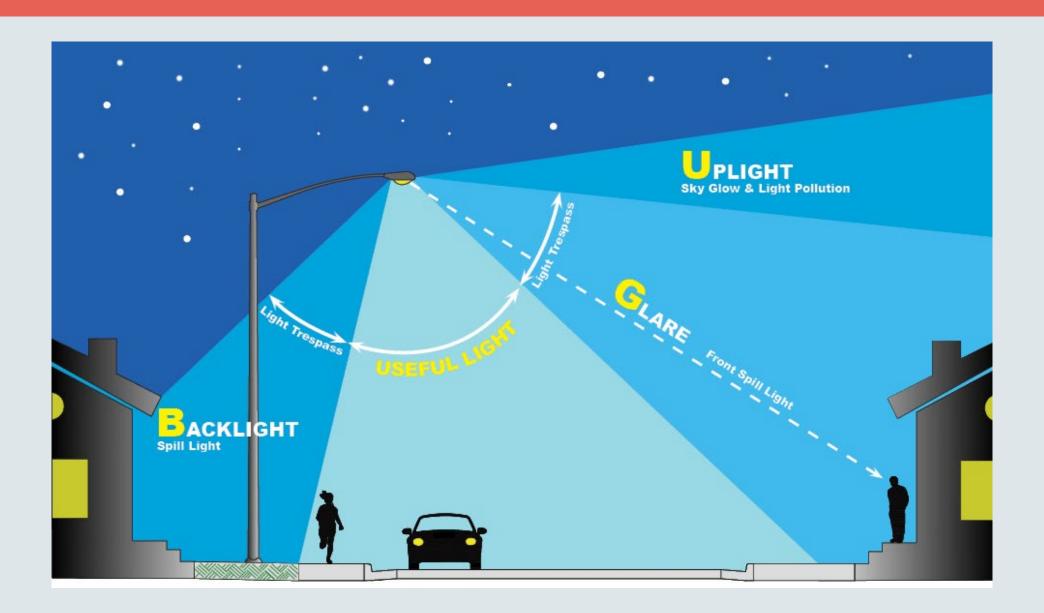
ANSI/IES RP-43: Lighting for Pedestrians in Outdoor Environments	Lighting for Human Vision, Visibility, and Reassurance										Lighting for Responsible Design				
Table A-3	Recommended Average Maintained Illuminance Targets ¹⁰									Optic Control		Controls	Spectrum		
	Illuminances are at height of Task Surface (TS) above finished grade (AFG)										Vacancy,	Acceptable			
	Horizontal Illuminance					Vertical Illuminance						Seasonal, &	Short		
_	Target E _n @ Height AFG		Uniformity			Target E _v @	get E _v @ Height AFG U			Glare, Uplight Ratings		Curfew Reduction	Wavelength Content ⁷		
APPLICATION TASK/AREA ⁸	lux @ m	(fc @ ft)	Ratio (Avg:Min)	Ratio Basis		lux @ m	(fc @ ft)	Ratio (Avg:Min)	Ratio Basis	Max Glare Rating (G)	Max Uplight Rating (U)	Light Output During Controls Reduction	Very Low (VL); Low (L); Medium (M); High (H); Very High (VH)		
CONTEXT, ORIENTATION, WAYFINDING, REASSURANCE	E														
Façades					_										
Façades (low reflectance materials, <0.3) 10	- 10				_										
Façades (medium reflectance materials, ≥0.3 and ≤0.6) 10														
Façades (high reflectance materials, >0.6) 10															
Building Entrances, Drop-Off, Pick-Up					_										
Building Entrances ^{2,10}															
LZ4	20 @ 0.00	/2 @ 0.0\	5:1	Averities		40 @ 45	/4 @ F O\	F.4	Availtie	_					
Lower limit (avg.) Upper limit (avg.)	30 @ 0.00	(3 @ 0.0)	5:1	Avg:Min	Н	10 @ 1.5	(1 @ 5.0)	5:1 5:1	Avg:Min Avg:Min	G2	U3	20% to 50%	VL, L, M, H		
LZ3	50 @ 0.00	(5 @ 0.0)	0.1	Avg:Min	Н	30 @ 1.5	(3 @ 5.0)	0.1	Avg.iviin	_					
Lower limit (avg.)	20 @ 0.00	(2 @ 0.0)	5:1	Avg:Min		8 @ 1.5	(0.8 @ 5.0)	5:1	Avg:Min	_		20% to 50%	VL, L, M		
			5:1		Н			5:1	·	G2	U3				
Upper limit (avg.)	40 @ 0.00	(4 @ 0.0)	0.1	Avg:Min		20 @ 1.5	(2 @ 5.0)	0.1	Avg:Min	_					
LZ2 Lower limit (avg.)	10 @ 0.00	(1 @ 0.0)	5:1	Avg:Min		4 @ 1.5	(0.4 @ F.O)	5:1	Ava:Mie						
Upper limit (avg.)	10 @ 0.00	(1 @ 0.0)	5:1				(0.4 @ 5.0)	5:1	Avg:Min Avg:Min	G2	U2	20% to 50%	VL, L, M		
LZ1	20 @ 0.00	(2 @ 0.0)	0.1	Avg:Min	Н	10 @ 1.5	(1 @ 5.0)	0.1	Avg.iviii1	_					
Lower limit (avg.)	5 @ 0.00	(0.5 @ 0.0)	5:1	Avg:Min		2 @ 1.5	(0.2 @ 5.0)	5:1	Ava:Min						
			5:1					5:1	Avg:Min	G1	U1	20% to 50%	VL, L		
Upper limit (avg.)	10 @ 0.00	(1 @ 0.0)	0.1	Avg:Min		5 @ 1.5	(0.5 @ 5.0)	0.1	Avg:Min		<u> </u>				

IES TM-15: B.U.G. Ratings

- Three main components are evaluated:
 - Backlight
 - Uplight
 - Glare
- Backlight = how much light falls behind the luminaire
- Uplight = if any light is shining above the horizontal plane running through the lowest point of the light source
- Glare = how much light is shining too far in front or to the sides of the luminaire
- Each of these categories then gets a numerical rating that gives the luminaire a quality score



IES TM-15: B.U.G. Ratings



How Code Can Help

Lighting Zones:

Lighting zone designations are designed to help protect the natural environment from unintended consequences of excessive or misapplied light at night. Used as a municipal design and planning tool, lighting zones have become the foundation for many illuminance recommendations and additional auxiliary design and energy standards.

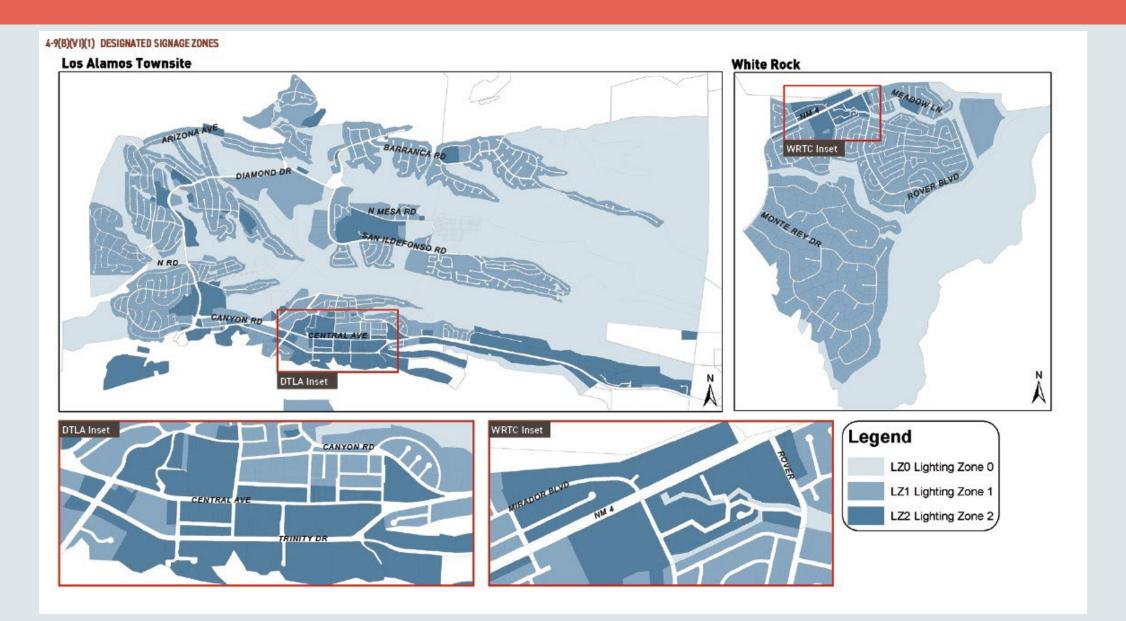
- NDZ Natural Dark Zone, no lighting allowed
- LZ0 Parks and Protected Space, Rural Farms
- LZ1 Residential, Office, Service, Institutional
- LZ2 Small/Mid City Commercial, Industrial
- LZ3 Large City Commercial, Hospitality, Heavy Industrial
- LZ4 Limited Use







Lighting Zones as Overlay Zoning



Permit Only & Special Use

- Security Lighting
- Historic Luminaires
- Art / Decorative
- Construction Lights
- Seasonal / Holiday
- Sports
 - Light Trespass
 - Max Candela
 - Curfew

